

USA GYMNASTICS

July/August 1988

Vol. 14, No. 4

— COVER STORY —
**Gymnasts, NASA Seek
Solution For Space-Age Problem**

**Mar, Babcock Superb
in Jacksonville**

**JO Boys, Girls
Hold Championships**



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USA GYMNASTICS

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July/August 1989

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Inside This Issue

Cover Story

16-21 Gymnasts Participate In
NASA Research

By Mike Botkin

USGF Editorial

4-5 Honesty Is Still The Best Policy

By Mike Jacki

Events

12-13 Maly Heads JO Girls Champs

By Mike Botkin

14-15 Talent Rich At JO Boys Champs

22-31 Mar, Babcock Tops In Muggy
Jacksonville

By Mike Botkin

32-33 China Downs USA

40 Rhythmics Compete In Europe

By Alla Svirsky

Special Feature

8-11 Mako Sakamoto,
Tops Down Under

By Ellen Alpenstein

Departments

40-42 National Office News

43 Bulletins

43-44 Expanded Calendar of Events



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evaluation system may be introduced to identify bias and prejudice. Such a system has been used in other sports such as diving and figure skating. If a judge's scores are found to be partial, the judge may be removed from the competition and even suspended for a year or more.

The issue of judging will always be a complicated one. People have said that someday computers will score gymnastics. I wonder if a computer could ever feel what a judge does when they sit and watch an athlete push their body to the very limits of performance. In the end, we hope that the actual competition takes place on the equipment and that the judge's score is merely the actual numeric representation of the gymnast's performance.

For the United States Gymnastics Federation,
Mike Jacki
Executive Director



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AMERICAN

On Top Down Under

Mako Sakamoto Heads Aussies Renewed Program

By Ellen Alperstein

No question that what Makoto Sakamoto enjoyed most about the glare of the Olympics last year was watching it reflect off the considerable number of medals that hung around the necks of his team members. As assistant coach of the highly decorated men's team, it was the culmination of a 30-year career in competitive gymnastics. Three months later, he was starting over again.

Success has its rewards, but if you know Mako Sakamoto you know that he'd rather be in the chalk-choked atmosphere of a gymnasium helping a teenager fly over a pommel horse than chewing the fat and the rubber chicken on the banquet circuit. The poet William Wordsworth might have had Sakamoto in mind when he wrote that a man's reach should always exceed his grasp.

Having basked in the Olympic limelight just long enough to see it define the shape of his next career challenge, Sakamoto is now fully immersed in his new position as gymnastics coaching director for the Australian state of New South Wales. Sakamoto's move from the home turf of UCLA (where he was assistant men's coach for seven years) to the brand new, awesomely handsome State Sports Centre in Sydney, represents a leap of mammoth geographical as well as career proportions.

Not only is he responsible for directing the state's gymnastics coaches, he must also cultivate elite gymnasts for Australia's national men's team, build a viable women's team, as well as establish the programs that generate enthusiasm for gymnastics at the grass roots level throughout Australia's most populous state. From his base at the Centre's Gymnastics Hall (of which he is



During his younger competitive days, Sakamoto was regarded as a very good gymnast whose technique was impeccable. That early dedication to technique carried through to his coaching and lives on in his gymnasts. (photo courtesy of Mako Sakamoto)

in charge, booking Gymnastic Association events throughout the year), Sakamoto couldn't be more pleased with his circumstances. In his words, the \$20 million Hall is "the nicest one I've seen," but even the untrained observer could reach that conclusion.

In an area of 52 meters by 26 meters and a ceiling height of 8 meters, the Hall incorporates the full range of Olympic gymnastic apparatus and floor area, plus the requisite warm up halls, training facilities, and first-rate equipment. "Why," Saka-

moto chortles, "we have 75,000 pieces of foam!"

For an international gymnastics power on the order of, say, Japan, Romania or the Soviet Union, such a facility is standard issue, hardly worthy of comment. But Australia? The country that's never had a serious gymnast competing on the international level? Did we miss something?

The Sports Centre in general and the Gymnastics Hall in particular are merely tangible evidence of a national renewal of interest in com-

petitive sports in Australia — the primary attraction of the land down under for Sakamoto, one of America's premier gymnastic mentors. The Sports Centre in New South Wales and the new National Sports Centre in Canberra are profound, eloquent testimony to the Aussie's degree of commitment. In addition to its duties as a venue for international, national and state competitions for 27 different sports, the Complex is a training center for athletes, a sports education center that embraces the community in supporting local clubs, industry, schools and public entertainment.

As far as his own sport is concerned, Sakamoto is excited about the possibilities. "We have thousands of gymnastics clubs here, and the interest is building. It's important to have that at the grass roots level in order to have the appreciation of the sport that engenders elite athletes. Right now, we have two boys emerging into international caliber."

Blaise Rizzo, a 19-year-old Sydney-sider whose father was a French Olympian in 1960, and Jeff Dodson who followed Sakamoto from Los Angeles to Sydney in order to continue training with him (Dodson has since returned to the States after an injury, but may yet return to the Sakamoto fold.)

While the Aussies haven't gained much international exposure, Sakamoto is proud of the job they did last February in hosting the Australian Games, where 1500 athletes convened at Melbourne. He did the color commentary on television and noted an upsurge of interest in his own programs shortly thereafter. "People in the sports world feel that gymnastics is a basic sport," he notes. "The flexibility and strength it requires are applicable to other sports, sports with greater visibility. Since the last Olympics, gymnastics has become a much more visible sport and the Australian Institute of Sport has a major commitment to do well in the next Olympics."

To that end, the government is picking the cream of the international crop of coaches to achieve respectability. Apart from Sakamoto, the coach for the national rhythmic gymnastics team is the former coach for the Bulgarian team, a power in anybody's book.

In all fairness, it was Sakamoto

"Apart from his international reputation as a fine gymnastics coach, Sakamoto is almost as well known for his values."

himself who first made overtures about shifting his expertise from 'bunks to the Aussies. He began seriously observing the Australian team a year and a half ago while coaching the U.S. men's team in Stuttgart at the German Invitational. Contacting the powers that be, he expressed an interest in making a major coaching move after the Olympics when he felt his personal commitment, particularly to Peter Vidmar and Tim Daggett, would be fulfilled.

He admits to missing Vidmar tremendously after their intense 12-year relationship. "Mako is one of the world's best coaches," Vidmar states categorically. "His decision to go to Australia comes as no surprise because he also loves a challenge, new things excite him. As an assistant coach he didn't want to overstep his bounds, and I think he wanted to be in charge of his own program. He loves gymnastics, no matter where I goget," he says dolefully, "that the U.S. lost one of its greatest coaches, and I'd like to see him back one day. But I feel a little sad that not enough effort was made here to keep him. He's a perfectionist, uncompromising. Those types of people are hard to understand. . . To me," he adds wistfully, "Mako's a second father."

Away from their extended international family, for the Sakamotos Sydney is now home. "It's a lot like Los Angeles," Sakamoto observes. "Shopping malls, supermarkets, all the obvious signs of America are here. But you can find a real European influence as well, and at first my impression was that Australia was a mixture between England and the U.S. In some ways, things are more formal here — dress is different, they observe tea time, things like that. I like that, even though in the U.S. things are a lot less rigid."

"Australians love the outdoors,

people in Sydney love their beaches and there's a good-time, pioneer spirit here that feels like the U.S. in spite of some conservative, almost stilted social customs," Sakamoto states with enthusiasm, as if he has found exactly the right perspective from which to enjoy the arithmetical aspects of a culture that is basically familiar yet delightfully foreign in some respects. In many ways, Sakamoto himself embodies contradictory traits — spontaneity and discipline — and apparently enjoys the simpatico Australian frame of mind.

Apart from his international reputation as a fine gymnastics coach, Sakamoto is almost as well known for his values. Says Vidmar "He's not just an athletic coach — he's a friend. I probably feel that way because of his family values. I admire them. When my wife got pregnant he wrote a very nice letter that had nothing to do with what I was doing in gymnastics, which, to me, shows that his priorities are right. For Mako, being a success is being a family man as well as a professional."

"Before the Olympics," Vidmar continues, "Mako told me that if I did well I could make a good living — but that I should never make that my reason for doing gymnastics. He was right. I love it, it's still fun, and it always will be."

Of great concern to the Sakamoto family in relocating their lives to Australia was the adjustment of the children and the proximity of Japan, where his wife, Masako's, family resides. As it turned out, Sakamoto reports, the kids couldn't be happier. Stephanie, 9, "picked up the Aussie accent right away, and Douglas, 6, seems to be succumbing the same poor pressure," he said. "But I've found that Australians are in love with American accents, and I'm trying to keep my American inflection." He notes the Centre's director of basketball coaching is an American as well, and in meetings Sakamoto occasionally forgets just whose country this is.

Looking over other parts of the social landscape, Sakamoto comments that housing is generally less expensive than in the U.S., although Sydney, as the country's largest city, has a somewhat inflated market. The Sakamotos live in St. Ives, a suburb similar to Westwood, where UCLA is

Continued on page 30



Sakamoto (center), is flanked by Olympic Men's Coach Alvin Gonsky (right) and Peter Vidmar (left) as Vidmar takes a bow during the 1994 Olympics Trials in Jacksonville, Florida. Sakamoto and Vidmar were very close as friends and as a gymnast and coach. (USOP photo © 1994 by Dave Black)

located, and considered a high rent district. While Sakamoto bemoans the poverty of Mexican restaurants in the area, he quickly points out that all is not lost — Sydney is blessed with that son of civilization, Taco Bell.

Television, too, represents the best and worst of America, and Sakamoto was somewhat relieved to find that this year's Superbowl was carried live, for those with a taste for the gridiron at 3 in the morning.

"Australians love sports, and they love what Americans love," Sakamoto says. "They want to be in touch with America in all ways, even through television advertisements. You'll see an ad where American football players are drinking Australian beer. The social and cultural influence is pervasive."

That's certainly in part responsible for the relatively easy adjustment the Sakamotos have made to Australian living. But life, don't you know, is not a bowl of cherries. "Times under streets and freeways," Sakamoto admits. "Here there are so many stoplights, and drivers are fast and reckless. In many ways it's a silly city, like San Francisco with curvy streets."

The Sakamotos have found that other difficulties fade with time, like

becoming fluent with the metric system of measure.

Optimistic and encouraging in the gym, Sakamoto carries those qualities into life as the rest of us live it. "The food here is great!" he says unequivocally, "especially the seafood."

"And there are no earthquakes," a comment with which perhaps only a fellow Californian can identify.

"And while the Australians are very political, nobody here worries about getting naked. Like the British, they like to argue and there are lots of strikes," but Sakamoto sounds as though these are merely further delusions of character, and not something that dampens the Yankee spirit.

That attitude surprises no one who knows Sakamoto's history as a coach and inspirational leader of young gymnasts. According to Vidmar, "Mako is a pragmatic person, and humble. Not at all headstrong. He's willing to try different things to achieve the same goal. In gymnastics," he explains, "this is important because different individuals require different approaches to the same tricks. Mako is expert at adapting to different personalities."

Sakamoto's style is analytical, but, remarkably, not at the cost of warmth. Vidmar recalls that "in the

gym, if I'm learning something new he squats in a corner, watching. It's not like he's obviously coaching — he's thoughtful and observant, and says little. But what he does say is incredibly helpful." Other coaches whose methods are more intrusive run the risk of creating a counter-productive atmosphere, one that makes learning and training more of a chore than it should be. Sakamoto's former associate, UCLA head coach Art Shurlock, echoes Vidmar's sentiments. "Mako's strength," he offers, "is in figuring out a training program for each person, and in the process of working together, his good points influenced me, and mine, him."

It's largely a question of communication, this business of reaching people on their own level, and all concerned conclude that Sakamoto is an exceptional practitioner of the art. "Our

commitment was so strong," Vidmar says, "that we could overcome the frustration when things went wrong, we could pool our resources because Mako feels that communication between people is of ultimate importance. He's an open person, and he looks for the same in others. He's honest enough to know his limitations, and not afraid to delegate or to say 'I don't understand.' I heard that a lot," Vidmar says, respecting the fact that the person ostensibly "in charge" could admit ignorance. The tendency is to want to have all the answers, to have such a complete grasp of a sport as well as the human performing it.

Shurlock feels Mako's success in Australia in both professional and personal endeavors is guaranteed not only because he's exceptionally well-equipped by his mastery of the sport and of what psychologists like to call "life skills," but also because he's a paragon of organization. "Mako is much more serious in his approach to gymnastics, and I benefited from his more disciplined training structure. When he first came to UCLA, he was much more serious, but in time he developed a more light-hearted attitude, which helps to alleviate tension in a pressured sport."

Largely because of the influence Sakamoto had during his tenure at UCLA, that school rose from gymnastic mediocrity to the peak of com-

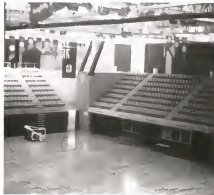
petition. At UCLA the emphasis was, and is, divided between training for the NCAA as well as international events. Even though this year the NCAA tournament had no compulsory competition, the UCLA team worked on those exercises just as much as the optionals. Vidmar agrees with this division of effort: "If you set your goals high (success in international meets where compulsory events are, well, compulsory) the intermediate goals are reached easier. Makoto fostered the attitude that we ought to prepare for international meets." Shurlock reminds that largely because of UCLA's training emphasis, six athletes have qualified for the USA Championships, a phenomenally high number from one school. Only Minnesota and Nebraska are in the same league.

Vidmar reinforces the idea that Makoto's recognition of how to maximize talent will serve him well in Australia where the gymnasts are less skilled than those he trained for seven years. "When he coaches 11-year-olds," he notes, "Makoto acts like a 12-year-old. He fills young minds with stories of the Olympics, or World Championships. He didn't

have to tell us how hard to work — he was able to encourage individual discipline through motivation, not force. And drive and desire will carry an athlete farther than any other single thing." Of course, coming from an Olympic gold medalist, you have to conclude that Vidmar brought considerable character to his sport which Sakamoto nurtured to fruition. Indeed, the coach says of his former pupil, "Peter's an inspirational boy."

What some might call a contradiction in character is really an exceptional ability to adapt to circumstances, assess situations and react accordingly. It is this trait in Makoto Sakamoto that renders him precisely the right person to serve as coaching director for New South Wales, and whatever else he chooses to do in life. Flexible, yet disciplined, communicative yet quiet, enthusiastic about the sport, but not at the expense of life's other experiences, Sakamoto brings a wonderful new dimension to Australian gymnastics.

"Coming here," he says, "is like starting over again. But I subscribe to the axiom that life is the struggle, not the end, the point is not to have won but to have fought well."



The inside of the newly erected State Sports Center in Sydney is where Sakamoto will be residing the future of Australia's gymnastics. (USAG photo by Ellen Agerholm)

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Maly Top All-Around At JO Natls.

By Mike Botkin

Touted all over the walls of Florida Atlantic University were signs proclaiming that "Nobody Does It Better." For the weekend of May 17-19 in the sleepy coastal community of Boca Raton (which means *Bea's Mouth*), nobody did as the 1985 USGF Junior Olympic Nationals ran as smoothly as the tides providing the gymnastics community a peek at the stars of tomorrow.

One such star is Michelle Maly of Pompton Plains, N.J. Leading the all-around after the compulsory round, Maly hit an all four of her final routines to walk away with the coveted all-around title. "I am amazed," said this 16-year-old who amassed 73.10 points (36.70 compulsory, 36.40 optional). "I hit eight for eight in this meet which is pretty unusual for me."

Maly was coming off winning the New Jersey state title where she had her career high all-around score of 73.55. In addition to the state all-around title she eclipsed the individual vault, uneven bars and floor exercise titles. But even with the good showing in the state meet, there were a few question marks for this young gymnast. "I had a hurt knee last week so I was a bit shaky coming into the meet. I also got real nervous about the compulsories, but I knew I could place in the top three and if I would hit my routines and do what I normally do, I knew I could win this meet," added the Eastern National Academy gymnast.

Her coach Rick Seikunas had no reservations when it came to touting his pupil's talents. "I had no doubt that she could win this meet. She never lets me down."

Unlike many gymnasts, Maly likes to begin with the hardest event. "I like to start off with beam because it's the hardest and I can get it out of the way. I look that it's all down hill from there." How right she was as she shed her nearest competitors Gina Palm of Munser Gym Center in

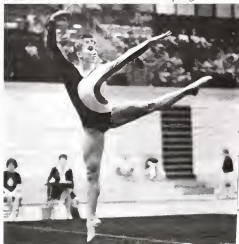
Region 9 and Michelle Reyes of Gymnastic World in Region 5 with a steady performance on beam. Although her score was 8.90, Maly's beam routine was unique in the fact that she stayed on, something the majority of competitors were not doing. According to Sue Anticman, USGF Vice President for Women and one of the beam judges, midway through the finals there "have been more falls on beam (today) than there was all day yesterday."

Going into the final day of competition, Maly held a commanding 65 lead over Palm, a lead that coaches and spectators believed was insurmountable. Maly finished her last three routines strong, floor 9.33, vault 9.10 and uneven bars 9.05 for the title.

Kim Masters of the Great America Gymnastics Express in Region 4 came from fourth place after compulsories to finish second in the all-around.

She achieved her comeback with fine performances in vault (9.45), bars (9.05), beam (8.90), and floor (9.30) for her 72.55 total. One of the biggest performances of the day came from Cari Prout from Nebraska Gold Gym also of Region 4. Starting out the day in 14th position, she fought her way back into third with four routines that scored over 9.0. This set her apart from the rest of the field as she was the single competitor to accomplish this feat. She finished with a total of 72.05.

Michelle Bryant gave Great America Gymnastics Express two of the top four spots as she parlayed a 9.40 vault and a 9.20 bars scores into a fourth place all-around showing. Rounding out the top five were Mary Lewman of Oshkosh Gymnastics and Tina Rinker of Baymeadows Gymnastics of Regions 4 and 8 respectively who tied with all-around scores of 71.50. For the sake of placing, Lewman



At 1985 Jr. Boys National Meet

Columbus Discovers Matzek

By Mike Botkin

The weather was a bit unpredictable in Columbus, Ohio, but the gymnastics inside Larken Hall on the campus of Ohio State University was very predictable. The skill level exhibited during the Junior Boys Olympic National meet June 19-22 was at its best.

"The quality of the skills performed at this year's meet is without a doubt the finest thus far in the history of the program," said Robert Cowan, USAG Men's Program Administrator. "The Juniors are keeping pace with the Seniors in terms of difficulty. In fact, in some instances they are surpassing them."

Mike Matzek, who just completed his freshman year competing with Stanford University, won top honors in the junior elite division putting together an all-around score of 397.85. His closest competitor was Dominick "The Terminator" Muscareo of Region 7 who placed second with a total of 397.30.

It was a strong showing during the compulsores and a great day during optionals that put a rather surprised Matzek on the top of the podium. "I really didn't think I was going to do this well at all," said Matzek. "Everything just went right."

Matzek was third after the compulsories and in the right spot. "This is definitely my best performance," said Matzek whose previous best all-around score was 395.2. "I have been working very hard. It shows me that a lot of hard work will pay off."

Matzek and UCLA freshman David Moriel, who placed fourth all-around, share a common view of the key to any competition. "I knew I was doing well when I scored a 9.3 on pommel horse," said Matzek who figured his average score on that event was around an 8.6. "High bar and pommel horse are the toughest events and I hit both really well," he said.

"In every competition I look at the pommel horse routines," said Moriel. "I use that as an example because the guy that stays on the pom-

mel horse usually ends up winning the meet."

Matzek has been putting in a lot of hours training for this event, especially on pommel horse and high bar. "I usually don't do as well as I did in optionals. Last year at Stanford I was kind of low man on the totem pole and I had to work really hard to get up. I think that carried through to this meet. I've got that momentum now and I just want to keep it going."

There is a lot of pressure on individuals in any meet where it pits man against man. For the whole year both Matzek and Moriel have been competing with teams which provides a security blanket. But during the Championships, they went on their own. "Competing individually is a lot more difficult," said Matzek. "But it is more gratifying when you do well."

Moriel was pleased with his performance but stated competing alone was a bit different. "I found it a little rough competing as an individual. But I just used my past experience to build my confidence and came into this meet a little more aggressive than in past meets." Moriel placed sixth on high bar in the NCAA meet at Nebraska and made all-American in his freshman year as a Bronco.

"Competing as an individual, you have to be tough all the time," said Matzek who will be returning to his major in communications this fall. "By winning this meet, it gives me encouragement for the future. I have had a lot of ups and downs this year, so I am very encouraged by this meet."

Likewise, Moriel has the impetus to go on to bigger and better things. "It makes me believe there is a possibility for further teams, like the World Championship team in 1987. If I apply the same amount of energy in all of my training, I believe I can make that team."

With the quality of gymnastics so high during this meet, it makes a comment about the way gymnastics is being taught at the early stages. "The dedication of the coaches in the

Junior Program is exemplary," said Cowan. "The amount of time put in is gratified through the success which each individual gymnast and ultimately the entire Junior Boys program is enjoying. The enthusiasm and commitment of the junior coaching staff is one of the key factors to our continued growth and success. Their ability to interlace with the personal coaches of each of the Junior National team members is an essential part of the harmony which the program needs and enjoys," he said.

In Class 1, Region 1 took top honors with Region 7 placing second. Region 1 won with a combined total of 331.95 points while Region 7 garnered 330.65. In Class 2, Region 3 finished on top of the heap with 330.30 points in a hotly contested battle with second place hunter Region 7 which had 330.05 points.

There were some awards that were presented during the finals competition that should be noted. The Frank Cummings Award was presented to Dan Connelley and the Miss Watanabe Award went to Adam Forman who won the Class 1 all-around title. The meet host was Dennis McIntyre who owns the Columbus (Ohio) Gymnastics Academy.

REGIONAL TEAMS
CLASS 1 TEAM STANDINGS

Rank	Region	Comp.	Opt.	Total
1	1	165.25	166.70	331.95
2	7	164.15	166.50	330.65
3	3	163.80	166.85	330.65
4	6	160.75	161.50	322.25
5	5	158.85	163.35	322.20
6	8	155.00	165.25	319.25
7	2	155.30	148.45	303.75
8	4	154.15	155.15	312.30
9	9	150.75	163.70	304.45

REGIONAL TEAMS
CLASS 2 TEAM STANDINGS

Rank	Region	Comp.	Opt.	Total
1	3	168.80	161.50	330.30
2	7	168.45	161.50	330.05
3	1	167.35	161.20	328.55
4	5	168.05	160.15	328.20
5	8	154.25	158.45	312.70
6	6	163.00	157.75	320.75
7	4	160.85	155.05	315.90
8	2	158.75	156.10	314.85
9	9	154.10	154.95	309.05

USA JUNIOR OLYMPIC NATIONAL
CHAMPIONSHIPS 1985 FINALS COMPETITION
CLASS 1 FLOOR

Gymnast Name	Avg Score	Final Score	Comb Score
Cheney Urphey	9.375	9.30	18.675
Lance Ringwald	9.375	9.15	18.525
Jody Newman	9.300	9.30	18.600

CLASS 1 FLOOR

Gymnast Name	Avg Score	Final Score	Comb Score
Scott Ross	9.15	9.0	18.15
Conrad Vonnegut	9.375	9.35	18.725
David Zwodwa	9.30	9.45	18.75

JR ELITE FLOOR

Gymnast Name	Avg Score	Final Score	Comb Score
Michael Chaplin	9.375	9.50	18.875
Chuck Garabito	9.1	9.25	18.350
Mike McIntosh	9.375	9.5	18.875

CLASS 1 FLOOR HORSE

Gymnast Name	Avg Score	Final Score	Comb Score
Christiane Peche	9.375	9.40	18.775
Cheney Urphey	9.300	9.50	18.800
Kath Jorgensen	9.175	9.30	18.475

CLASS 1 HORSE HORSE

Gymnast Name	Avg Score	Final Score	Comb Score
Carlton Noble	9.5	9.35	18.85
Mike Graham	9.375	9.40	18.775
Rick James	9.100	9.20	18.300

JR ELITE HORSE HORSE

Gymnast Name	Avg Score	Final Score	Comb Score
Danick Minnesota	9.375	9.45	18.825
Chuck Garabito	9.50	9.4	18.9
Mike McIntosh	9.375	9.1	17.825

CLASS 1 STILL HORSE

Gymnast Name	Avg Score	Final Score	Comb Score
Cheney Urphey	9.475	9.15	18.625
Lance Ringwald	9.175	9.0	18.175
Adam Carter	9.375	9.25	18.625

CLASS 1 STILL HORSE

Gymnast Name	Avg Score	Final Score	Comb Score
Michael Miller	9.55	9.50	19.05
Adam Carter	9.500	9.3	18.800
Perry Potts	9.50	9.40	18.90

JR ELITE STILL HORSE

Gymnast Name	Avg Score	Final Score	Comb Score
Mike McIntosh	9.55	9.45	19.00
Conrad Vonnegut	9.55	9.40	18.95
Michael Chaplin	9.55	9.25	18.80

CLASS 1 RESULT

Gymnast Name	Avg Score	Final Score	Comb Score
Michael Williams	9.600	9.6	19.200
Scott Ringwald	9.35	9.15	18.500
Tim Ryan	9.475	9.50	18.975

CLASS 1 VAULT

Gymnast Name	Avg Score	Final Score	Comb Score
Adam Carter	9.075	9.0	18.075
David Stone	9.075	9.0	18.075
Scott Barr	9.025	9.00	18.025

JR ELITE VAULT

Gymnast Name	Avg Score	Final Score	Comb Score
Robert Buschman	9.375	9.0	18.375
Larry Lucarelli	9.1	9.05	18.150
Conrad Vonnegut	9.30	9.0	18.30

CLASS 1 PARALLEL BAR

Gymnast Name	Avg Score	Final Score	Comb Score
Scott Ringwald	9.500	9.45	18.95
Cheney Urphey	9.350	9.3	18.650
Lance Ringwald	9.450	9.4	18.850

CLASS 1 PARALLEL BAR

Gymnast Name	Avg Score	Final Score	Comb Score
Mark Harvey	9.425	9.35	18.775
Scott Barr	9.375	9.25	18.625
David G. Potts	9.2	9.20	18.40
Terry Holley	9.3	9.25	18.55

JR ELITE PARALLEL BAR

Gymnast Name	Avg Score	Final Score	Comb Score
David G. Potts	9.1	9.1	18.20
Mike McIntosh	9.10	9.1	18.20
Michael Chaplin	9.00	9.0	17.90

CLASS 1 HIGH BAR

Gymnast Name	Avg Score	Final Score	Comb Score
Erin Hestwood	9.700	9.15	18.85
Michael Chaplin	9.475	9.05	18.525
Mike Goodman	9.300	9.1	18.40

CLASS 1 HIGH BAR

Gymnast Name	Avg Score	Final Score	Comb Score
Mark Harvey	9.375	9.0	18.375
David Zwodwa	9.50	9.35	18.85
Tara Vonnegut	9.45	9.4	18.85

JR ELITE HIGH BAR

Gymnast Name	Avg Score	Final Score	Comb Score
David Hill	9.525	9.0	18.525
Robert Buschman	9.25	9.4	18.65
Mike McIntosh	9.125	9.4	18.525

JR ELITE FLOOR

CLASS 1 TOTALS

1 Adam Carter	9.300	9.35	9.35	9.35	9.35	171.20
2 David Zwodwa	9.300	9.45	9.45	9.15	9.35	171.50
3 Michael Miller	9.375	9.15	9.15	9.40	9.25	171.15
4 Mark Harvey	9.000	9.00	9.00	9.10	9.10	168.20
5 Perry Potts	9.500	9.50	9.50	9.15	9.50	168.60
6 Mike McIntosh	9.500	9.50	9.50	9.20	9.50	168.60
7 Kate Cousins	9.300	9.30	9.30	9.10	9.10	166.40
8 Tara Vonnegut	9.300	9.35	9.35	9.10	9.30	166.20
9 Brad Bryan	9.100	9.25	9.25	9.10	9.10	163.50
10 Bobby Butler	9.100	9.10	9.10	9.10	9.10	163.50
11 Scott Barr	9.000	9.00	9.00	9.00	9.00	163.50

JR ELITE FLOOR

CLASS 1 TOTALS

1 Mike Miller	9.300	9.35	9.35	9.35	9.35	167.60
2 Conrad Vonnegut	9.100	9.10	9.10	9.40	9.45	167.60
3 Michael Chaplin	9.100	9.10	9.10	9.40	9.40	167.60
4 David Miller	9.200	9.20	9.20	9.10	9.10	166.10
5 Robert Buschman	9.100	9.10	9.10	9.10	9.10	165.20
6 David Romero	9.100	9.10	9.10	9.10	9.10	164.10
7 Tom Ayer	9.000	9.00	9.00	9.00	9.00	163.00
8 Chuck Garabito	9.000	9.00	9.00	9.00	9.00	162.00
9 Ted Olson	8.900	8.90	8.90	8.90	8.90	161.40
10 Larry Lucarelli	8.800	8.80	8.80	8.80	8.80	160.40
11 Mark Schickel	8.700	8.70	8.70	8.70	8.70	159.40

JR ELITE FLOOR

CLASS 1 OPTIONAL

1 Cheney Urphey	9.300	9.35	9.35	9.35	9.35	163.50
2 Lance Ringwald	9.100	9.10	9.10	9.10	9.10	161.70
3 Scott Barr	9.000	9.00	9.00	9.00	9.00	159.50
4 Tim Ryan	8.900	8.90	8.90	8.90	8.90	158.60
5 John Potts	8.800	8.80	8.80	8.80	8.80	157.70
6 Kath Jorgensen	8.700	8.70	8.70	8.70	8.70	156.80
7 Adam Carter	8.600	8.60	8.60	8.60	8.60	155.90
8 Jody Newman	8.500	8.50	8.50	8.50	8.50	155.00
9 Christiane Peche	8.400	8.40	8.40	8.40	8.40	154.10
10 Erin Hestwood	8.300	8.30	8.30	8.30	8.30	153.20

Gymnasts Aid NASA In Research Of Space-Age Problem

Gymnastics has taken yet another leap forward, bounding off the mats and into the space program. In a combined research effort of the United States Gymnastics Federation (USGF) and the National Aeronautical Space Administration (NASA) in May of 1988, six top gymnasts

were chosen to test their susceptibility to motion sickness, or space adaptation syndrome.

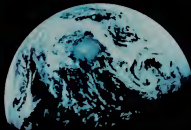
Organizer Dr. Gerald George, USGF Director of Education and Safety, called it "a unique opportunity for gymnasts to be linked with such a credible source for this research project." The gymnasts called it just plain fun.

NASA has been pouring its top brainpower and billions of dollars into the study of motion sickness that affects roughly 50 percent of its astronauts. Because gymnasts depend on excellent spatial awareness during everyday training, NASA suspected the data from this project could add new insight to the age-old problem of motion sickness. "The reason for pursuing the study of space sickness is to have the astronauts at peak performance levels at all times," said Dr. James Vanderploeg, Director of the Space Biomedical Research Institute at NASA's Johnson Space Center. "In the shuttle mission this is very important."

The overall incidence of motion sickness in the American probable space experience varied from 30 to 50 percent, according to an article by Wendell Lowen of the Naval Aerospace Medical Institute in Pensacola, Florida. Through the fourth mission of the space shuttle program, a 50 percent incidence was reported.

Motion sickness occurs when a person's vestibular system, located in the inner ear which senses movement, feeds information about the body's position to the brain which the brain is not familiar with. This leads into the sensory rearrangement theory which states: all situations that produce motion sickness are characterized by sensory rearrangement in which motion information signaled by the vestibular apparatus is different from what the body expects on the basis of past experience.





The Soviet space program has placed some credibility on physical training, including some tumbling and multidimensional axes exposure as a method to reduce motion sickness and space motion sickness, so with results like this in mind NASA and the USGF coordinated this testing project.

"The reason for pursuing the study of space sickness is to have the astronauts at peak performance levels at all times."

"We believe there can be a cure for motion sickness," said Dr. Vanderploeg. "To date, there is not an overall cure-all, but there are some medications that help certain individuals." According to Dr. George, "NASA felt perhaps highly trained, experienced gymnasts may, through their past experiences in three-dimensional movement, fair significantly better than the normal population regarding this problem. If there is, NASA wanted to find out what those components are and incorporate them into its space training program."

Kathy Johnson does part of her in the USGF-vehicle rotation test. (Middle) Kathy Conrad performs a rotation during weightlessness. (Bottom) with Charles Limony and Steve Lillard in the foreground, the rest of the AC-119 group watches a program.

Story By Mike Botkin, Design by Bruce Dean

For the participating gymnasts, their experiences at the Johnson Space Center are the envy of the entire gymnastics community. The six subjects who completed both phases of the project, which included a segment involving brief periods of weightlessness, realized another aspect of their long hours of gymnastics training: this glory was not found in the competitive arena, but instead was of a scientific and patriotic nature.

Dr. George put together a well-rounded group which included Olympians, NCAA champions, world-class tumblers and gymnasts who were highly versed in the subject of vestibular awareness. The tests were conducted in two sessions over a period of months. The first session included all of the laboratory testing.

The group consisted of Kathy Johnson, silver medalist in the 1984 Olympic Games; Megan Marden, former NCAA all-around champion at the University of Utah; Patty Chornickel Gerold, former NCAA gymnast at the University of Nebraska who is very learned on the subject of vestibular awareness; Christa Conary, a former NCAA gymnast at the University of Utah; Tom Beach, 1980 Olympian and elite gymnast; Steve Elliott, 1984 World Tumbling Champion; and Scott Johnson, 1984 Olympic gold medalist who did not participate in the second phase of testing.

During the first phase of the testing the gymnasts underwent a series of elaborate tests with long scientific names. They were strapped down to chairs and rotated at a velocity of 20 revolutions per minute while tilting up to 30 degrees at five degree increments over a period of 30 minutes. They were suspended from a drop hook, with a harness arrangement that permits the load to be supported with the trunk and buttocks to test for shock delay. This same test was used as part of the Spacelab-1 experiment.



There was the dynamic postural equilibrium test where the subjects stood on a moving platform which was under computer control. The stimulus is of particular interest because the movement of the platform ranges giving the subjects varying amounts of predictability.

Even though the first session was often long and tedious, all involved were quite willing to undergo this portion in get in the next session which included, among other things, experiencing free rides on NASA's KC-135 airplane to simulate weightlessness.

After the testing and a learning session, which included learning emergency procedures, during the first parabolic, the gymnasts were brought together once again in order to receive final instruction before boarding the KC-135 plane affectionately dubbed the "Vomit Comet." During these flights, the gymnasts became intimate friends with small plastic bags supplied, in ample quantities, for motion sickness.

The initial day of flight testing didn't prove too exciting as all of the gymnasts or subjects were secured in a passenger seat using available seatbelts. The subject's head was immobilized using a soft neck brace. Dark, light occluding goggles were positioned over their eyes to eliminate visual cues. The plane was taken through a series of parabolic maneuvers (typically 30 parabolas per flight) with each compressed at 24 seconds of zero gravity (weightlessness) and 30-60 seconds of a 2-G pullup (2 G refers to twice the amount of gravity experienced on earth).

During these flights the gymnasts reported their symptoms of motion sickness after each parabola to the test operator. A score sheet was kept and maintained during the duration of the flight. The subjects had to stay strapped in until the testing was over or until they reached a point of "nausea sickness" or vomiting. Then they were allowed to remove the neck brace and recover during the remainder of the flight.



"In general," said Dr. Vanderploeg, "we found gymnasts were not immune to motion sickness, within certain limits. We are still looking at one basic question, does gymnastics training, which involved high angular movements, in some way render an individual immune to space sickness?" The analysis is complete, but is not public at this time.

"There is a point where you almost feel weightless in tumbling and on trampoline," said Steve Elliott before the KC-135 flight. "So I am looking forward to feeling that for a longer period of time. When I tumble, I say that I defy gravity. I'm so used to using gravity to initiate a twist or a spin. Once we get the hang of initiating movement of our bodies, we should be able to maintain this while weightless."

Gerard had a more concise view of the feelings she would experience while strapped down. "Personally I'm not going to like being strapped in. I won't be experiencing zero gravity to its fullest. My background is in active forms of mobility participation, so I'm not looking forward to having no control over my movements."

The night between the two testing days was filled with much apprehension and nervousness. A few of the subjects had a hard time falling asleep. But once at the airstrip, donning their orange and khaki flight suits and heavy black boots, all gymnasts seemed very at ease joking and laughing with the team of testing operators who made the flight with them.

"The six subjects who completed both phases of the project, which included brief periods of weightlessness, realized another aspect of their long hours of gymnastics training, this glory was not found in the competitive arena, but instead was of a scientific and patriotic nature."



Tom Beach steps down his flight gear and moves quickly to earth-bound concerns at port of the KC-135.



Gymnasts linked together the gymnasts float away.



Gymnast Kathy Johnson, with her head restrained, avoids her initial problems inside the "Vomit Comet."





Megan Marston (right) is being out for the day during the H-Kayler Drop testing.

The big topic prior to takeoff was how the sickness was going to affect them during zero gravity. Most had gotten sick the previous day and all wanted to get the first couple of parabolas out of the way so they could start enjoying weightlessness. Once back on the ground, the group was a bundle of nervous energy.

"I've never had so much fun in my life," said Johnson. "It was a riot." She played out a childhood fantasy of flying like Superman by pushing off one end of the plane and soaring to the other during zero gravity. "You can't even describe how you felt. On a reverse becht, I still felt that rush in my belly, but it was nothing. You can't twist as fast and it is harder to initiate but it was still very exciting."

"This," said Gerard, "puts gymnastics in a different perspective. Once you initiate a rotation, you can't stop, you just continue."

Christa Canary didn't want the experience to stop. "Once we got up, I wanted to do 80 parabolas or go for the record of 100. You would be sitting on the floor and zero gravity would come and you would just float up."

Existing in their newfound weightless world came as a harsh reality when the majority of the gymnasts initially tried to do a flip. "They tried to warn us not to push off too hard," said Beach. "But the first time I tried a flip, I went smashing into the wall of the plane."

"There was no real feedback, no function of up and down," said Elliott.

Once the plane was about to go out of zero gravity and pull back up a red light flashed. It was at that point the subjects had to determine which was up and down because they were about to go into a 2 gravity pullup where their body parts would become twice as heavy as normal. If, for example, you were floating around the ceiling of the plane and 2-G's came, you would drop like a lead balloon to the floor where you would stay, unable to move.

But taking this in stride, all the gymnasts thought of ways to train during this time. Johnson did situps. Marston did leg lifts. "It was a good workout," said Marston. "It would be a great way to condition because you wouldn't be straining different parts with weights."



(Middle) Gymnasts are flying weightless only during weightlessness.

(Bottom) The last group poses in front of the KC-135. They are bottom from the left—Tom Bech and Steve Elliott. Top from the left are Kathy Johnson, Betty Grand, Dr. Gerald George, Christina Canary and Megan Marsden.



"I've never had so much fun in my life. It was a riot. You can't describe how you felt." - Kathy Johnson.

said Canary. "Once I was up, I could walk, but once I was down, I was down," she said.

Bech was the most ambitious during pullup. "He was doing a headstand during pullup," said Marsden. "I don't know how he could do it." Bech just smiled and shrugged his shoulders.

But the gymnasts had much more fun during zero gravity as Elliott tucked himself and had Marsden spin him around. "I did a straddle jump," said Johnson. "and I initiated a kick with my hips and it shot me right to the ceiling. You find out what internal forces you can use. We built a pyramid and I was the top and I did a straddle L. When I got off the plane and did a cartwheel flip flop with heavy boots on I flew. I felt so light," she said.

Once grounded, the gymnasts were anxious to get back up. The researchers were amazed at how fast they adapted to free flight. It was such a natural progression for the gymnasts to do flips and triple-triples and the like during their periods of weightlessness that none of them gave much thought to it.

NASA was very interested in this project, so much that it funded 60 percent. "We were hoping to help NASA," said Dr. George. "NASA felt this topic was important enough to look at gymnastics people and their mobility in weightlessness. Gymnastics, as a learning activity, is fundamental in the development of children. Historically, gymnastics has come before all sports. It was a requirement before participation in any other sport because it teaches all of the basic fundamentals. As such, it should be retained in all curricula," said George.

The search for a cure for motion sickness continues. The data gathered from the gymnastics experiment will be combined with all other data and made public. Vonderpoo is looking for "a better understanding."

According to one report, the only sure cure for the prevention of motion sickness is to travel on foot and avoid all passive forms of motion. Adaptation is the most common defense.

At 1985 McDonald's Championships of the USA

Mar, Babcock Tops In Muggy Jacksonville

By Mike Botkin

It became a harmonious cross between the old and the young as the winners of the 1985 McDonald's Championships of the USA were announced. The gymnastics troupe moved south of the Mason-Dixon Line to historic Jacksonville, Florida for this national meet that will become the springboard for many a gymnast's career.

As the heat and humidity settled down around the St. Charles River, Brian Babcock and Sabrina Mar settled into their immediate goals, one of which was to win the all-around title and take the top spot in the country. Babcock's effort, which shows that perseverance and hard work can compensate for injury and the setbacks that come with it, came from his strength in the compulsory round and Mar's boost came from her explosive style during optionals — two contrasting styles with the same result.

Babcock showed up at the meet flat-topped and broad shouldered, which is the way modern gymnasts are apt to be these days. His ascension to the top came as a bit of a surprise, although not a big shock. A steady performer throughout his injury-battered career, the Southern Illinois graduate student had always walked behind such greats as Peter Vidmar, Bart Conner, Mitch Cayland and Tim Dagggett.

For the first time in years, Babcock

came into a meet with the proper training and without most of the above mentioned competitors. Dagggett, Scott Johnson and Dan Hayden were the pre meet favorites to challenge Babcock for the all-around title.

As was previously mentioned, the secret to Babcock's success in the all-around was in his excellent work during the compulsory round. "The power to winning this meet was in the compulsories. I realize the importance of these, not only for this meet, but for the big international meets as well." After the compulsory round, Babcock led Dan Hayden by .05 and held a .80 lead over Dagggett.

In the optionals, everyone expected Dagggett to make his move, and at the day's end, they were still waiting. To say the Olympic star had an off meet would not be exactly true, but in essence he did. But even so, he managed a third place finish all-around which attests to his overall strength and ability.

It became obvious to all Dagggett was having troubles when he managed an 8.70 on floor and a 9.00 on his usually stunning pommel horse routines. It wasn't the pressure of the meet so much as the demands of his schedule. Here is a case where Babcock had the time to train and Dagggett didn't, that is where the real difference in the meet was.

"During the 1984 Olympic Trials, I didn't have enough time to train because of an earlier knee injury I suffered. But this time I had plenty of time to train. I feel real healthy and I

trained properly and safely," said Babcock.

Leaning back on the stage underneath a giant USA flag, Babcock relaxed while signing autographs and looked quite content basking in the laurels that came with winning the No. 1 ranking. "You know," he said, "after the Olympic Trials I got the attitude I was going to have fun with gymnastics, which I have. I feel since that time I have been more relaxed. Tonight," he said pointing out at the sparsely lit gymnastics floor, "I felt very relaxed."

There was a time during these Championships when, admittedly so, he didn't feel so relaxed. It was during his floor routine and the race between he and Hayden was tightening up just enough to make it interesting. It could have been an easy win because the 25-year-old had been dominating the events thus far but a slip of the hand resulted in an over rotated double back on floor and an 8.95 score. As Babcock put it: "My hand slipped off my knee and my feet had a hard time finding the floor. My initial reaction was not to get angry with myself, I just knew I had to finish my routine. After all," he added, "the meet isn't over until you're on the way out of the arena."

(continued on page 24)

Brian Babcock (right) cleared hard work and proper training does pay off as he won the men's all-around title at the McDonald's Championships of the USA. (USGP photo © 1985 by Dave Brady)



(from page 22)

At the same time on the other side of the Jacksonville Coliseum, Hayden was performing his high bar routine, which is one of those that takes the breath of even the most seasoned veteran away. His double back catch went off without a hitch, but the judges saw a routine they gave a 9.60 for, which drew the wrath of the crowd upon them. But as Robert Cowan, USGF Men's Program Coordinator reported, it was the 2 off for doing a Strueman with his legs apart that hurt him and the score was totally justified.

Daggett was trying to get himself into a position to move among the top two with an excellent routine on parallel bars, for which he was awarded a 9.70. During the fifth rotation Daggett responded again with another 9.70 on high bar which took him a notch closer to second. Hayden was falling on his arabian double front on the first pass of his floor exercise routine which got him a score of 8.70 and pretty much sealed things

up for Babcock, who was quietly slaying his way to a 9.70 on the parallel bars.

Daggett's final crushing blow came during the final rotation where he fell on his double back layout during the first pass of his floor routine, then missed a tucked double back on the second. The resulting 8.70 silently put Daggett into third and all Babcock had to do was to finish his rings routine, which he did (9.50), to win.

"I played the nationals conservatively," said the new men's champion of the USA. "It took me a while to get on top, but now I'm very happy. Now that I'm here, I want to stay here," he said while slipping on his maroon Southern Illinois University warm-up. "All the training paid off because I peaked at the right time. I had one major break in 12 routines, so I am very pleased with my consistency."

Throughout the competition in which the new USGF National Team is selected, there were some outstanding contributions by some gymnasts who slip up into the standings very quietly. Johnson was one of these gymnasts. Scoring a 9.75 on parallel bars, a 9.65 on high bar, a 9.65 on rings and ending with a 9.65 layout cass matau vault, Johnson put himself into sixth place all-around.

Charles Lakes got himself together enough to crash into the top four as he had jaw-dropping height on his high bar routines. It was his "go for it" attitude on high bar that got him into a little trouble as he took three steps and touched after his triple during dismount which resulted in a 9.35 score. But, even with the touch and steps, his routine was by far the most exciting of the men's competition.

Mark Oates, out of the University of Oklahoma, made a name for him-



self in the individual event finals by taking first at floor (18.975) and tying with Johnson for the top spot in vault (18.950). Phil Carey, who is by far the luckiest gymnast on the floor, took top honors on pommel horse and also finished fifth all-around.

The top 25 all-around finishers become members of the USGF National Team and are able to be selected to represent the USA in competitions as well as qualifying for the World Championship Team Trials coming up in the twin cities of Minneapolis/St. Paul in September. As Babcock puts it, "It becomes very important to win the Team Trials because after that the rankings are adjusted. Once on top," he reminds, "you have to stay there so I have to go out and prove this all over again."

WOMEN'S COMPETITION

The women's portion of the meet was much the same as the men's. Gone from the competition were the likes of Mary Lou Retton, Kathy Johnson and Julianne McNamara which gave the rest of the competitors, who had to squall in relative obscurity under those immortal gymnasts for so long, their last legitimate chance to get out from under and spread their wings. So gone were the Olympic hopes and in their place came the likes of Marie Ræithlisberger, Selma Mar and Kelly Garrison.

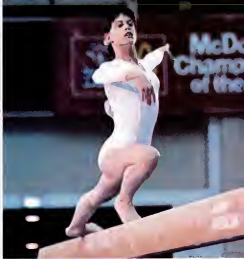
Mar, who flashes a mile-high smile but stands just four-feet 11-inches, was a relative unknown until her insertion into the lineup for the Pacific Alliance meet in August of 1984. Not only has this Monterey Park, CA native responded well to competing against the world's best in the McDonald's American Cup and Mixed Pairs, but she had a good competition on the American Classic which was a qualifying meet for Jacksonville.

It was her consistency that helped her to the top of the heap during the Championships. She reacted like the green wood she is, she bent but didn't break and kept snapping back whenever pressure was applied. It

(Continued on page 28)

Scott Johnson (left) had a very consistent meet making the National Team by placing sixth all-around. Selma Mar (right) won the top women's competition winning the all-around title (USGF photo © 1985 by Dave Black)







A Look At The Competitors

Looking around these two pages of photos of America's brightest gymnastics stars and you will see great gymnastics in search of great Kade. On the far left, Mikaela Marley performs a beautiful handstand during her uneven bars routine. Next to her is Timmy Calene posed on beam while Marie Bartolozzini does a pommel pommel on beam. Directly above is Billy Paul looking down in shock his grips were next to him as Phil Calene Jr. during his parallel bars routine. (USCGF photos © 1987 by Dave Blantz)







Beautiful long body lines add to the aesthetic beauty of up and coming gymnast Kim Zmeskal (left). Here she is seen performing during her floor exercise during Friday's act in another gymnast out of the 1991 Olympic game Gaby Zumbado who earned an excellent reception on home. (Second photo is University of Illinois' gymnast Kristin Lakin spins high for audience during the 1991 World's Championships of the U.S.A. were doing and performing. In the right of Lakin is picture she takes a moment on beam during the recent Championships. (Third photo is 1991 by Steve Black)

Tim Daggett
Third All-Around
First Pommel Horse



1985 McDonald's Championships of the USA Results

WOMEN'S FINALE (9-10-1985)

PL	NAME	PRELIM	FINAL	TOTAL
1	Mundy	8-475	8-475	16-950
2	Mar	8-475	8-425	16-900
3	Carson	8-450	8-450	16-900
4	Carson	8-375	8-500	16-875
5	Blanchard	8-400	8-425	16-825
6	Smith-Dwyer	8-300	8-575	16-875
7	Carson	8-375	8-380	16-755
8	Mundy	8-350	8-425	16-775

LOWEYEN—BARS

PL	NAME	PRELIM	FINAL	TOTAL
1	Mar	8-400	8-700	16-100
2	Smith-Dwyer	8-350	8-700	16-050
3	Carson	8-325	8-700	16-025
4	Mundy	8-300	8-700	16-000
5	Smith-Dwyer	8-275	8-400	16-075
6	Carson	8-275	8-700	16-175
7	Blanchard	8-300	8-500	16-200
8	Mundy	8-300	8-700	17-700

BALANCE—BEAM

PL	NAME	PRELIM	FINAL	TOTAL
1	Carson	8-400	8-600	16-000
2	Mar	8-375	8-600	16-975
3	Carson	8-175	8-500	16-675
4	Smith-Dwyer	8-300	8-300	16-600
5	Carson	8-400	8-400	16-800
6	Mar	8-400	8-500	16-900
7	Smith-Dwyer	8-500	8-600	17-100
8	Carson	8-400	8-500	17-900

FLOOR—EXERCISE

PL	NAME	PRELIM	FINAL	TOTAL
1	Mar	8-350	8-650	16-100
2	Smith-Dwyer	8-300	8-600	16-900
3	Mar	8-175	8-500	16-675
4	Carson	8-300	8-600	16-900
5	Carson	8-400	8-100	16-500
6	Carson	8-400	8-100	16-500
7	Smith-Dwyer	8-500	8-600	17-100
8	Mar	8-300	8-400	17-400

MORE FINALE 10-10-1985

FLOOR—EXERCISE

PL	NAME	PRELIM	FINAL	TOTAL
1	Carson	8-300	8-500	16-800
2	Smith-Dwyer	8-275	8-600	16-875
3	Carson	8-400	8-400	16-800
4	Mar	8-300	8-500	16-800
5	Carson	8-200	8-500	16-700
6	Carson	8-200	8-500	16-700
7	Carson	8-150	8-300	16-450
8	Carson	8-175	8-500	16-675

POWELL—HORSE

PL	NAME	PRELIM	FINAL	TOTAL
1	Carson	8-275	8-500	16-775
2	Carson	8-150	8-500	16-650
3	Carson	8-400	8-100	16-500
4	Carson	8-100	8-500	16-600
5	Carson	8-200	8-100	16-300
6	Carson	8-200	8-500	17-400
7	Carson	8-500	8-500	17-000
8	Carson	8-575	8-100	17-175

STILL—RINGS

PL	NAME	PRELIM	FINAL	TOTAL
1	Carson	8-475	8-700	16-175
2	Carson	8-400	8-500	16-900
3	Carson	8-400	8-500	16-900
4	Carson	8-175	8-500	16-675
5	Carson	8-400	8-100	16-500
6	Carson	8-400	8-100	16-500
7	Carson	8-500	8-700	17-200
8	Carson	8-575	8-500	17-075

WALTZ

PL	NAME	PRELIM	FINAL	TOTAL
1	Carson	8-400	8-500	16-900
2	Carson	8-400	8-500	16-900
3	Carson	8-400	8-400	16-800
4	Carson	8-400	8-500	16-900
5	Carson	8-300	8-575	16-875
6	Carson	8-300	8-500	16-800
7	Carson	8-275	8-275	16-550
8	Carson	8-500	8-475	16-975

PARALLEL—BARS

PL	NAME	PRELIM	FINAL	TOTAL
1	Carson	8-300	8-700	16-000
2	Carson	8-275	8-600	16-875
3	Carson	8-200	8-500	16-700
4	Carson	8-100	8-600	16-700
5	Carson	8-200	8-300	16-500
6	Carson	8-400	8-400	16-800
7	Carson	8-400	8-100	16-500
8	Carson	8-475	8-600	17-075

HORIZONTAL—BAR

PL	NAME	PRELIM	FINAL	TOTAL
1	Carson	8-475	8-600	16-075
2	Carson	8-400	8-600	16-000
3	Carson	8-100	8-700	16-800
4	Carson	8-200	8-400	16-600
5	Carson	8-200	8-300	16-500
6	Carson	8-300	8-500	16-800
7	Carson	8-500	8-500	17-000
8	Carson	8-100	8-600	17-100

Kelly Carson made history with her optional beam routine. In what will be some known as the Carson stunt, she raised the beam and danced the gymnastics world's highest vault (height 10 feet 6 inches) for a total high jump of 20 feet 6 inches (10 feet 6 inches + 10 feet 6 inches).

(Results continued on page 39)

In McDonald's Gymnastics Challenge

Chinese Teams Down Americans

Amid a cloud of controversy, China's men and women defeated the United States in a dual meet between the two nations July 6-7 in Los Angeles.

The controversy arose during the first day of competition as judging discrepancies took away the flow of the meet and gave it a logjam tying up scores, gymnasts and spectators for four hours in the process. But when The Forum finally did clear up, what emerged was a very good learning experience for the newly selected national team and a return of Scott Johnson to his old form.

In the men's all-around competition, the Chinese dominated taking the top two spots. Song Wen and Guo Liansheng placed one-tenth of a point apart at 57.550 and 55.450 to take one-two. American Johnson, returning to the City of Angels for the first time since his Olympic success, found the best of all his teammates by placing third with a 57.350 total. Billy Paul emerged in fourth place just ahead of Charles Lakes and newly crowned champion of the USA, Brian Babbcock, who tied for fifth.

In the women's portion of the all-around it was again a Chinese one-two finish. Wang Xiaoyan won the meet with a 39.050 total followed closely by Xu Wenhong at 38.750. Sabrina Mar continued her domination over her teammates by slipping into third with an all-around score of 38.700. Qin Qizhe, of China, placed fourth followed by Marie Roethlisberger and Kelly Garrison in fifth and sixth.

Tim Daggett, performing only in the individual event finals due to an injury, took top honors on his favorite event, pommel horse. His strong routine turned the heads of those in attendance and garnered him an excellent score of 9.875. Ting Zhigang, who finished in a seventh place tie in the all-around with teammate Kuang Xanyao, came in second behind Daggett with a 9.850 score. Daggett, along with his German upper mount on parallel bars, took top honors in that event also with a near-perfect routine worth

9.900. Wang Xiaoming, a ninth place all-around finisher, placed second with a 9.850 score.

Guo Liansheng came the closest to perfection as he performed an outstanding high bar routine which included a one arm tuck. When he stuck his super high triple dismount the place erupted and the judges agreed on a 9.950 score. Daggett and Song Wen tied for second spot with scores of 9.750.

Enter Johnson. On the still rings Johnson scored a superb 9.850 to tie Xu Tiehua for first. In vault he scored a 9.475 to place third behind Song Wen (9.550) and Guo Liansheng (9.500). On floor, the ex-University of Nebraska standout came through with a 9.650 to take second spot behind Song Wen whose winning routine received a 9.850.

The women's delegation representing the United States fared better than the men, as far as first place

finishes go. Mar continued her domination in the standings with firsts in the uneven bars and floor exercise. Both routines were filled with high energy with her uneven bars routine receiving a 9.800 and her floor routine a 9.800. Xu Wenhong placed second in bars followed by Roethlisberger in third. On floor Jennifer Sey took second with an excellent routine and score of 9.750.

Yolande Maruy cracked into the winners circle by taking the vault with a score 9.725. The height she achieves and her patented stuck landings on her full twisting tuck take make her a favorite in that event with the judges.

Scott Johnson showed up ready to play as he finished third all-around which was the highest of the Americans on the team. (USOG photo © 1985 by Dave Black)





Xu Wenhong had a particularly good start for her country placing second all-around, second on uneven bars and first on beam. (USGF photo © 1985 by Dave Stock)

China achieved its only one-two sweep on the balance beam where Xu Wenhong placed first with a 9.650 routine. Bai Lu came in second (9.350) followed by Kelly Garrison whose roundoff full onto beam didn't quite make the grade which resulted in a 9.050 score.

Looking to the team scores, the Chinese men outdistanced the Americans to the tune of 285.000 to 244.850. In the women's meet the Chinese won by the count of 193.050 to 191.725.

But more important than the final tally was the experience gained by this young American squad. For the new national team members, this experience will start to pay immediate benefits during the upcoming World Championship Team Trials September 26-29 in Minneapolis/St. Paul, Minnesota and the World Championships November 3-10 in Montreal, Canada.

Following this competition, the group packed its bags and left to do an exhibition in Albuquerque, New Mexico where the Chinese literally brought the crowd to its feet. It was during the closing of the exhibition and the Chinese did a group routine that was spectacular.

WOMEN'S FINALS

27-27-1985

PL	NAME	FINAL	TOTAL
1	Mindy	9.725	9.725
2	Mai	9.700	9.700
37	Huang	9.650	9.650
37	Calton	9.650	9.650
8	Zeng	9.575	9.575
5	Gu	9.475	9.475

UNEVEN BARS

PL	NAME	FINAL	TOTAL
1	Mai	9.680	9.680
2	Xu	9.750	9.750
3	Roedlberger	9.650	9.650
4	Huang	9.580	9.580
5	Garrison	9.580	9.580
6	Zeng	9.080	9.080

BALANCE BEAM

PL	NAME	FINAL	TOTAL
1	Xu	9.680	9.680
2	Bai	9.350	9.350
3	Garrison	9.050	9.050
4	Roedlberger	9.050	9.050
5	Mai	8.980	8.980
6	Gu	8.480	8.480

FLOOR EXERCISE

PL	NAME	FINAL	TOTAL
1	Mai	9.650	9.650
2	Gu	9.750	9.750
3	Zeng	9.680	9.680
4	Gu	9.680	9.680
5	Huang	9.180	9.180
6	Roedlberger	9.080	9.080

GROUP FINALS

07-07-1985

FLOOR EXERCISE

PL	NAME	FINAL	TOTAL
1	Song	9.650	9.650
2	Johnson	9.600	9.600
3	Guo	9.600	9.600
4	Wang	9.550	9.550
5	Paul	9.500	9.500
6	Loken	9.500	9.500

POMME HORSE

PL	NAME	FINAL	TOTAL
1	Duggert	9.675	9.675
2	Teng	9.650	9.650
3	Guo	9.600	9.600
4	Kuang	9.600	9.600
5	Salomon	9.600	9.600
6	Conry	9.550	9.550

STILL RINGS

PL	NAME	FINAL	TOTAL
17	Xu	9.650	9.650
17	Johnson	9.650	9.650
3	Kuang	9.750	9.750
4	Wang	9.650	9.650
5	Salomon	9.650	9.650
6	Paul	9.450	9.450

Vault

PL	NAME	FINAL	TOTAL
1	Song	9.580	9.580
2	Guo	9.400	9.400
3	Johnson	9.475	9.475
4	Campbell	9.375	9.375
5	Loken	9.300	9.300
6	Kuang	9.100	9.100

PARALLEL BARS

PL	NAME	FINAL	TOTAL
1	Duggert	9.600	9.600
2	Wang	9.650	9.650
3	Xu	9.700	9.700
4	Conry	9.550	9.550
5	Campbell	9.000	9.000
6	Teng	7.850	7.850

HORIZONTAL BAR

PL	NAME	FINAL	TOTAL
1	Guo	9.580	9.580
2	Duggert	9.760	9.760
3	Song	9.780	9.780
4	Teng	9.780	9.780
5	Loken	9.680	9.680
6	Dolan	9.580	9.580

ALL AROUND STANDINGS

PLACE	NAME	TEAM	SCORE
1	Song Wen	CHN	57.650
2	Xu Wenhong	CHN	57.050
3	Song Johnson	USA	57.250
4	Billy Paul	USA	57.000
5	Charles Loken	USA	56.850
6	Brian Salomon	USA	56.650
7	Kuang Xinyan	CHN	56.550
7	Teng Jingping	CHN	56.550
9	Wang Xiaoping	CHN	56.500
10	Paul Conry	USA	56.400
11	Wen Subo	USA	56.350
12	Xu Tiansu	CHN	56.300

ALL AROUND STANDINGS

PLACE	NAME	TEAM	SCORE
1	Wang Xiaoping	CHN	59.050
2	Xu Wenhong	CHN	58.750
3	Salomon Bill	USA	58.750
4	Gu Guo	CHN	58.650
5	Mai Roedlberger	USA	58.600
6	Kelly Garrison	USA	58.550
7	Bai Lu	CHN	58.500
8	Wen New Li	CHN	58.000
9	Jennifer Bai	USA	57.750
10	Teng Conry	USA	57.550
11	Zeng Yingqi	CHN	57.500
12	Wende Maury	USA	57.450

TEAM STANDINGS

PLACE	TEAM	FLOOR	HORSE	BARS	Vault	PEARS	B BAR	TOTAL
1	CHN	47.550	47.400	48.150	47.000	47.550	47.780	285.430
2	USA	47.350	47.250	47.400	47.100	47.550	48.200	284.850

TEAM STANDINGS

PLACE	TEAM	Vault	BARS	BEAM	FLOOR	TOTAL
1	CHN	48.650	48.400	45.750	47.800	190.600
2	USA	48.580	47.875	47.500	47.950	190.905



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(From page 28)

would have been easy for her to crumble under the pressure that had built up around her, but Mar, who weighs in at 85 pounds, matched the challenge put to her by veterans Roethlisberger and Garrison.

Roethlisberger, an alternate on the Olympic silver medal winning women's team, was the odds on favorite to win this meet. She had just won the American Classic and seemed on top of her game, but that in itself put a lot of pressure on the 19-year-old who originally hails from Minnesota. "Everyone expected me to win, so I put a lot of pressure on myself. I think everybody was a little nervous today, but I was really nervous," said Roethlisberger.

Garrison, a pretty place with an Oklahoma twinge in her voice, held true to form by leading after the compulsories. She turned the same trick at the American Classic but checked out and opted not to compete in optionals there.

So as the story unfolds, it became the inexperience of Mar against the tried and true form of Garrison and Roethlisberger and 36 other gymnasts who were just itching to get on the USGF National Team. The top 10 finishers in the Championships are named to the National Team and also qualify for the World Championship Team Trials. The remaining 19 spots on the National Team will be filled in August at the US Classic Nationals in Atlanta, GA.

After the compulsories, the stage was set between the top three for the climb to the top. Who would crack first. It was Mar that made the initial thrust to gain control as she barged out her usual explosive floor routine to put the early pressure on the vets. Swaying with the music, playing the crowd with her eyes, Mar endeavored herself to the judges for a score of 9.70. Garrison, on the other hand, was across the arena pounding down the runway, vaulting her way to a 9.60 score for her layout task.

Mar, with chisel in hand, kept chipping away at Garrison's lead with the help of the Atlas, Oklahoma native. Garrison's usually steady bar routine turned sour. Her taring was off on her delicate which sent her into a dead hang and for her first missed routine of the competition she received a 9.30.

While Garrison was hanging from bars, Mar was rocking back and forth stalling down the runway towards

the vault. With the raising of the green flag, Mar was a mass of arms and legs pumping down the brown carpet towards the beat board. As she hit and consequently hauled herself into her vault, her back took fall and stuck landing scored a 9.50 taking a little more of the lead.

Roethlisberger was keeping pace, but not gaining ground with a 9.6 on floor and 9.40 for vault. Needing something more to get back into the thick of the race, Roethlisberger turned to her bars routine for help. Considered to be one of the best on this event, a missed regrasp on her reverse hecht dimmed her chances at getting to the top first. With her 9.00 she virtually sealed her spot in third place.

Now, with the field narrowed to two, Mar locked her jaw, rolled up her sleeves and set to the task at hand—to turn in her seventh unblemished routine of the meet. The uneven bars can be one of the most beautiful events in gymnastics, or it can be one of the meanest. Mar tamed this set with an aggressive, high energy routine which gave her a score of 9.40 and the lead for the first time in the meet going into the final routine.

Garrison didn't know how cruel the balance beam can be to beds for championships, but she was about to find out first hand. Competing with the precision she is noted for, Garrison fell on her aerial cartwheel half way through the routine. The 9.10 score shipped her into second and gave young Mar a good dose of pressure for the final event, which for her was the balance beam.

Again the daughter of a Chantown restaurant owner breezed through another pressure situation with flying colors closing out her competition with a perfect eight-bar-eight average and a 9.65 score. As she tested off the competition floor, waving to the cheering crowd, Garrison watched from the edge of the floor exercise mat, waiting for her chance to eclipse the title.

But the pressures from the fall on beam lingered and Garrison ended the mystery of who would be the new champion of the USA early as on her first pass she stepped out of bounds which shipped her otherwise good routine down to a 9.45.

Unusually quiet Roethlisberger made short work of her beam routine turning in one of the best, more effec-

tive routines of the day posting a 9.70.

"I was very excited and pleased with my performance," said an out-of-breath Mar. "I trained very hard for this competition but I think my performance was a little above normal. I felt pretty good during warm-ups, so I just went out to do the best that I could. All I wanted to do was to stay calm, and I think I did that."

"I'm pleased, I really am," said a disenchanted, yet not discouraged Garrison. "I didn't hit all eight events and Sabrina did. She deserved to win. I believe this will make me more eager to work hard. I can't wait to get back in the gym."

Garrison would have to wait one more day to get back to training because she was about to make history during the individual event finals. What a difference a day makes. Her Waterloo from the day before would become the event that would etch her name in the minds of all who attended Sunday's finals.

"You watch me," she said after Saturday's optional round. "I'm going to do a roundoff fall onto beam. I've never seen anyone do it." So obviously not shaken too much by her fall earlier, Garrison was boasting of an incredible magnet onto the beam. As she put it after she successfully completed what should only be called the "Garrison Mount." "When I hit the beam with both feet I couldn't believe it. All I thought was 'Awesome, okay now get on with the routine.' I knew I still had to finish and I didn't want to ruin the routine by falling off now."

If there was any excitement on the part of Garrison during the routine, you couldn't tell. Her stone countenance remained unchanged throughout the duration of her historic routine which, among other things, earned her the highest score of the meet, a 9.90 and the individual balance beam title.

There were some new names tagged with those mentioned so prominently in the all-around competition, like that of powerful Yolande Maxty who used her great strength to push her way to the top spot in vaulting. Miss who continued to have a great meet, placed second followed by Tracy Colner and diminutive Angela Demkins who tied for third.

The uneven bars proved to be a bit of a surprise as Mar upended Roeth-

Bisberger to take top honors. Mar's final tumbling and second gold came on floor exercise where she can perform with the best. Her explosive style, coupled with her music and smile make her a pleasure to watch.

As her music plays and even stands the stands, Rothlisberger worked herself into a second place floor exercise finish followed by 16-year-old Jennifer Sey from Haddonfield, N.J.

(Results continued from page 10)

**SEVENTH
WEIGHTED** (SEE PAGE 10 FOR QPT %S)

04-20-1985

Jacksonville, Florida

★ ★ ★ INDIVIDUAL SCORES ★ ★ ★

		ALL-T	BAR	BEAM	FLOOR	A.A.
1 Sabrina Mai SCATS	Comp Dqt	9.35 9.30	9.80 9.80	9.10 9.00	9.00 8.75	98.00 98.00
Total		18.05	19.60	18.10	18.75	74.50
2 Kelly Garrison Springdale	Comp Dqt	9.28 9.00	9.75 9.75	9.15 9.00	9.00 8.75	97.00 97.00
Total		18.03	19.50	18.00	18.75	74.50
3 Marie Rothlisberger SCATS	Comp Dqt	9.10 9.00	9.70 9.75	9.00 8.75	8.50 8.75	96.00 97.00
Total		18.00	19.50	17.75	18.75	74.50
4 Yvonne Moody National Academy	Comp Dqt	9.05 9.00	9.50 9.50	8.75 8.50	8.50 8.25	95.00 95.00
Total		18.00	19.00	17.50	18.75	73.50
5 Kim Hamilton National Academy	Comp Dqt	9.00 8.75	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		18.00	19.00	17.50	18.75	73.50
6 Tracy Colton Parkettes	Comp Dqt	8.95 8.75	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		18.00	19.00	17.50	18.75	73.50
7 Jennifer Sey Parkettes	Comp Dqt	8.90 8.50	9.50 9.50	8.50 8.25	8.50 8.25	95.00 95.00
Total		18.00	19.00	17.25	18.75	73.50
8 Maury Sandhupe Kemp's	Comp Dqt	8.80 8.75	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
9 Lisa Willett Olympic Gymnast	Comp Dqt	8.75 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		18.00	19.00	17.50	18.75	73.50
10 Angie Gertens Midwest	Comp Dqt	8.70 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
11 Denise Wilson Kemp's	Comp Dqt	8.70 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
12 Patti Massaro Sweet Girl Inc.	Comp Dqt	8.65 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
13 Kim Hulse Kemp's	Comp Dqt	8.60 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
14 Dawn Viny Win-Moor	Comp Dqt	8.55 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
15 Lisa Monahan Kemp's	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
16 Jennifer Peters Belle	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
17 Corinne Wright Olympic	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
18 Kerry Haynes Kemp's	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
19 Teri Elliot Old State Public	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
20 Shari Bots Parkettes	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
21 Joyce Willett North Shore	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50
22 Gina Pardo Olympic Gymnast	Comp Dqt	8.50 8.50	9.50 9.50	8.50 8.50	8.50 8.25	95.00 95.00
Total		17.80	19.00	17.50	18.75	73.50

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Jacksonville, Florida

★ ★ ★ INDIVIDUAL SCORES ★ ★ ★

		ALL-T	BAR	BEAM	VOL	TEAM	TOTAL
1 Brian Bakula St. John's Univ.	Comp Dqt	9.00 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	111.70
2 Carl Hayden Arkansas State	Comp Dqt	9.00 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.16	18.50	18.75	18.75	17.75	111.50
3 Tim Daggett USCLA	Comp Dqt	9.00 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	111.50
4 Charles Lukas Univ. of Chicago	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.45	18.50	18.75	18.75	17.75	120.50
5 Phil Carney Univ. of Nebraska	Comp Dqt	8.75 8.50	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.85	18.50	18.75	18.75	17.75	108.65
6 Scott Johnson Univ. of Nebraska	Comp Dqt	8.75 8.50	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.70
7 Billy Frost Unattached	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	109.00
8 Wes Suter Univ. of Nebraska	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	107.70
9 Robbin Campbell USCLA	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50
10 Mike Piro Univ. of Oklahoma	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
11 Brian Schwartz USCLA	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
12 Joe Ornel Univ. of California	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50
13 Jon Leach St. John's Univ.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
14 Sandy Beeson Barnard Univ.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
15 Tom Kennedy Univ. of N.C.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
16 Mike Ferguson Univ. of Nebraska	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
17 Bob Swisher Brighton Young Univ.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
18 Ron Schickinger Univ. of Nebraska	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50
19 Geoff Lyberman St. John's Univ.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
20 Ron Mann Univ. of N.C.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
21 Bob Brown Univ. of Minn.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
22 Joey Ray Univ. of Minn.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50
23 Collin Gordon Univ. of Minn.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50
24 David Minko Univ. of Minn.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50
25 Dan Bachman Univ. of Minn.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		18.25	18.50	18.75	18.75	17.75	108.50
26 Jay Foster Omo State Univ.	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50
27 Tim Muligan Univ. of Chicago	Comp Dqt	8.95 8.75	9.40 9.25	9.50 9.25	9.50 9.25	9.00 8.75	58.16
Total		17.95	18.50	18.75	18.75	17.75	108.50

NATIONAL OFFICE NEWS

Rhythmic Gymnasts On Two City Tour

By Alla Svirsky

The month of May brought with it one of the finest and most demanding competitive experiences for three of the United

States top Rhythmic Gymnasts. From May 7th to the 22nd, Marina Kuryevsky, current USA National AA Champion, Stacy Oversier and Lisa Aaronson, both were tied for 4th place AA at 1983 National Championships, traveled to first Sofia, Bulgaria for the Studjenska Tribuna International Rhythmic Sportive Gymnastics meet and then on to Corbeil-Essonnes, France for an FIG International meet at the Palais des Sport.

Departing from Los Angeles, the USA delegation, headed by USA Olympic and National Team coach, Alla Svirsky, flew a grueling 24 hours before arriving in Sofia, Bulgaria on the first leg of their journey into the stronghold of the "crown princess" of the Rhythmic world.

To say that the Bulgarian gymnasts had the "home field" advantage would be an immense understatement. As the competition progressed, it soon became apparent that the audience, and unfortunately, some of the judges, were only interested in the performances of the Bulgarians. For example, Lili Ignatova's rope became tangled around her arm during that event. A mistake that should have drawn a 0.2 deduction was ignored and Ignatova received a perfect 10.0, just as she did in all four events! Even at the face of such inequality, our USA team persevered and received no scores below a 9.0 and when the final standings were announced, Kuryevsky's 37.30 AA placed her in the 25th AA position. Oversier finished with a 37.00 AA and Aaronson with 36.25 AA.

Although the experience in competition was somewhat disappointing, we were soon excited by a special invitation from Neshka Robeva, the Bulgarian National Coach, to visit the Bulgarian National training center. Here was a rare opportunity for us, since few people ever get a behind the scenes look at Neshka's Rhythmic "factory" where her training machinery has produced Champion after Champion.

The facility is overwhelming. Three huge, fully equipped gymnasiums are the center of this complex, each with ceiling heights of

over 15 meters. There is a large, mirrored Ballet room, ultra-modern trainers rooms, staffed by three full-time doctors, weight training rooms, a resting area, a pool, sauna, whirlpool, and jacuzzi, and a special cafeteria where a team of professional nutritionists prepare special diets for the young athletes. Adjacent to the facility is the Sports Hotel or dormitory where the gymnasts are housed in modern, spacious rooms.

Arriving in Corbeil-Essonnes three days before the slated competition we ran into the first serious problem of our trip. Our French hosts had failed to provide workout time for our delegation and it took considerable argument before a sports gymnasium was made available. This facility we shared with the New Zealand team who was also in the same situation.

Even with the workout problem, the meet held in Corbeil-Essonnes, is by far, the finest organized competition in the world. Its beauty, pagantry, and formality surpass all other meets. The meet director, Madame Jeannette Rinaldi, president of the FIG FIG committee, maintains the formality and equality of the competition. It is here in Corbeil-Essonnes that all national prejudices are forgotten and each team competes with equality and is scored on its own abilities and merits.

There were 33 countries participating and, unfortunately for the USA team, when the draw for the judges panel was completed, the USA judge was not selected to sit on the panel during preliminary competition, but was part of the 36 member panel for finals. To add more tension for the USA gymnasts, the rotation draw for competition order had placed Kuryevsky first up on the meet's first event (rope). Here's where the true champion can excel. As the first competitor up in a major international meet before a sold out crowd, Kuryevsky held her pose and style and performed a spectacular 9.45 rope routine. Her concentration and execution encouraged the other USA gymnasts to do their best. The final results: Kuryevsky 37.20 AA, Aaronson 36.80 AA, and Oversier 36.45 AA.

Roetzheim Retires

By Robert Cowan

Bill Roetzheim's retirement. The affair was held at the University of Illinois at Chicago Inner Circle. This is a very nice addition to the Student Union Building and was the site of the athlete's banquet following the Championships of USA in 1983.

The dinner was preceded by a reception at which Bill and his wife B-J, greeted the guests which featured some of Bill's former gymnasts, former opponents from the coaching ranks and close personal friends including a former Notre Dame football All American.

The atmosphere was extremely congenial and the evening consisted of various testimonials, an occasional roast and many awards from the University of Illinois, the Illinois High School Gymnastics Coaches Association and the United States Gymnastics Federation.

The most moving part of the evening came when Bill gave a personal testimony to how he came to get into gymnastics and I was deeply moved by his conviction, dedication and attention to detail.

Bill Roetzheim has been a strong moving force in gymnastics in this country for almost 40 years. His list of accomplishments are outstanding and even a little bit awesome.

The activities were coordinated by Kathy Klepek, Bill Roetzheim's secretary and C.J. Johnson, the Gymnastics Coach at UIC was Master of Ceremonies.

International Judges Course Tough

By Robert Cowan

When it was determined that Bill Roetzheim, after his election to the FIGC Men's Technical Committee, would conduct the International Judges Course in this country, much discussion took place in regard to the most equitable way to extend the invitations.

Due to cost considerations the Olympic Training Center in Colorado Springs, which would allow for free food and lodging for as many participants as possible was secured. The Olympic Training Center was able to provide 100 slots for coaches and judges who wished to participate in the International Course. Finally, 108 slots were used during the course of the event.

Roetzheim, Mike Mildons, Gary Alexander and Robert Cowan comprised a committee which put together the format and the facilities for the event.

Throughout the day and the remaining days it became obvious to the participants this was no usual format for a judging course. A tremendous amount of forethought, creativity, and hours upon hours of work had gone into the preparations. The judges were allowed to judge more routines against the panel who would be judging the practical which was extremely beneficial. Additionally, in most courses, the lecturers simply read from the Code of Points and perhaps illuminate on a very few points. This was not the case and in part of fact, Roetzheim had made it extremely obvious that any lecturer caught doing this or repeating a look of a video tape would be severely chastised.

All of the men who were present and the one young lady, were very appreciative of the efforts of every one involved in the course. Perry Todd verbally attested to our gratitude at the end of the course and Roetzheim and his group received a standing ovation. The lecturers for the course were Ted Muzyczko, Gary Alexander, Mildons and Roetzheim, for they attended the intercontinental course in Mugglingen, Switzerland.

Activities such as a fake judges conference in which the person who won the other person over to their side received points or if the other person convinced them they were wrong they won points was one of the departures from the norm. A trivial pursuit type game which contained all of the pertinent data in the Code of Points plus some very interesting gymnastics trivia was also a tremendous benefit to all of us who were trying to study for the test.

Much video tape was shown which had already been previewed by the lecturers.

The written exam was given Saturday morning and was delivered orally by Roetzheim with a dis-

crepancy type answer being the norm most of the time. There were 40 questions and they were translated from the European version of the test and therefore the wording was very difficult to understand.

The practical was given Sunday morning at the Air Force Academy Gymnasts from the Gold Cup Gymnastics Club coached by Ed Burch and Bill Foster along with gymnasts from the University of Mexico coached by Rusty Mitchell, a gymnast from Brigham Young University coached by Wayne Young and gymnasts from the United States Air Force Academy coached by Dennis Ramsey and others participated as the performers for the test.

Phillips, Mills Shine At City Of Popes Tourney

By Maria Karolyi

The Cup of the City of the Popes International Tournament, is a traditional competition held in Aigion, France. This year at its 4th edition, on March 3 & 4, 1985, the meet was well organized. It was one all-around competition (I-B rules) and event finals. Twenty-four gymnasts from 10 countries, were divided into four groups, competing at two judging panels composed entirely from French judges. The level of the participating gymnasts was good but most of them were not members of the first national team.

The winner was the younger Chinese girl, Ma Ying, who was a powerful, 13-year-old, well prepared gymnast but with not the best artistic preparation and best form. The Romanians were talented girls, probably not in the top shape, mostly because of the early time in the season. The Czechoslovakian and Bulgarian girls had a good competition, especially strong on vault and bars. Again, not the greatest artistic preparation.

The host country lined up a very young group of gymnasts, some of them with great potential for future

but at this time all of them have had some major breaks. For the future, probably they will become stronger than ever.

Representing the USA were Phoebe Mills and Kristie Phillips, they were the youngest in the competition. They made a real good impression and actually they were the favorites of the public. They competed with a lot of self confidence and did not miss a routine.

All Around Results
City Of The City Of The Popes

Ranking	Name Country	All-Around
1.	Ma Ying (China)	32.75
2.	Qinling Xuefei (Yugoslavia)	32.25
3.	Yanping Huang (China)	32.00
4.	Phoebus Lantos (Czechoslovakia)	31.50
5.	Pamela Catebian (Hungary)	31.25
6.	Liaouana Dancu (Romania)	31.00
7.	Yan Wang (China)	30.75
8.	Phoebe Mills (USA)	30.45
9.	Kristie Phillips (USA)	30.25
10.	Phoebus Lantos (Romania)	30.00

Event Finals		Score
1.	Ma Ying (China)	16.50
2.	Xiaohong Zou (China)	16.25
3.	Phoebus Lantos (Czechoslovakia)	16.00
4.	Qinling Xuefei (Yugoslavia)	15.75
5.	Yan Wang (China)	15.50
6.	Phoebus Lantos (Romania)	15.25
7.	Yan Wang (China)	15.00
8.	Phoebus Lantos (Romania)	14.75
9.	Phoebus Lantos (Romania)	14.50
10.	Phoebus Lantos (Romania)	14.25

Vault		Score
1.	Ma Ying (China)	16.50
2.	Xiaohong Zou (China)	16.25
3.	Phoebus Lantos (Czechoslovakia)	16.00
4.	Qinling Xuefei (Yugoslavia)	15.75
5.	Yan Wang (China)	15.50
6.	Phoebus Lantos (Romania)	15.25
7.	Yan Wang (China)	15.00
8.	Phoebus Lantos (Romania)	14.75
9.	Phoebus Lantos (Romania)	14.50
10.	Phoebus Lantos (Romania)	14.25

Bars		Score
1.	Ma Ying (China)	16.50
2.	Xiaohong Zou (China)	16.25
3.	Phoebus Lantos (Czechoslovakia)	16.00
4.	Qinling Xuefei (Yugoslavia)	15.75
5.	Yan Wang (China)	15.50
6.	Phoebus Lantos (Romania)	15.25
7.	Yan Wang (China)	15.00
8.	Phoebus Lantos (Romania)	14.75
9.	Phoebus Lantos (Romania)	14.50
10.	Phoebus Lantos (Romania)	14.25

BULLETIN

GYMNASTICS COACH WANTED FOR SAN FRANCISCO BAY AREA GYM

A new Olympic gymnastics training center located in Marin County (north of San Francisco) is seeking an experienced gymnastics coach. The coach must be able to instruct all levels of gymnastics with particular emphasis on Boy's Team. The gym offers a complete program of artistic and rhythmic gymnastics with competitive teams in both categories. Applicants should send resumes to: GYMNOCS USA, 25.8 Dodge Street, San Rafael, CA 94903 or call (415) 468-1271.

Positions Available

Gymnastics instructors for the Midland Gymnastics Club. We have Recreational classes for babies through adults and competitive programs for both boys and girls from Class V through Class I. Must be able to train to our method of teaching without spotting. Salary negotiable according to experience. To apply contact: Midland Gymnastics Club, 713 Ashman St., Midland, Mich. 48669, 507-634-3045. Office Hours: 9-a.m. Monday through Thursday.

Internationally Experienced Boys/Girls Coach Available

Margaretta Tuckson was in charge of the dance training, choreography, and leg strength development of various Select Team and Olympic male gymnasts in the USSR before immigrating to the U.S. in 1979. She taught ballet at the famous Vaganova Ballet School in Leningrad and danced on tour with the Kirov Ballet. Margaretta would prefer to work with a boys program concentrated in developing elite gymnasts. She is also willing to work concurrently in a girls developmental program. She would consider working part-time gymnastics, ballet and Russian language teaching if arrangements could be made. Salary negotiable. Resume available. Contact Margaretta through Cliff Gaffner, Gymnastics Coach, The College of William and Mary, Williamsburg, VA 23185. Call Coach Gaffner at 804-255-0830 or evenings.

RHYTHMIC GYMNASTIC 1983-84 COMPULSORY ROUTINES

The U.S.G.F. Rhythmic Gymnastic Age-Group Developmental Committee is now accepting applications for choreographers of the 1983-84 Class II and Class II Free Floor Exercise, Hoop, Hoop Ball, Clubs and Ribbons Compulsory Routines.

The deadline for completed applications is August 31, 1983. Applications can be obtained from Marjorie Randolph, National Age Group Developmental Committee Director, 30 Duke Road, Des Hills, New York 11766.

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Write or call: Peter Malley, 7 Dunwoody Ave., Wayne, NJ 07090. (201) 686-5792.

Position Available

HEAD COACH POSITION AVAILABLE IMMEDIATELY — for Class I, B, and III Girls teams. Must have previous experience and knowledge of the 1983 USGF Compulsives, competing rules, prerequisites and code of points. Salary negotiable. Call (603) 941-7950 or send resume to: Northern Maine's Gymnastics Club, 1143 Woodlawn Ave., Bangor City, ME 04801.

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CALENDAR

July/August 1985

UNITED STATES GYMNASTICS FEDERATION PROPOSED SCHEDULE OF EVENTS

(Dates & Events subject to change or
cancellation)
Updated July 1, 1985

AUGUST

- 8-12 "USC Elite Development Training Camp Colorado Springs, CO
- 10-11 Fourth Elite Zone Meet Various Sites (W-C) (S)
- 10-12 Junior National Team Europe European Tour
- 12-18 Junior Elite Training Camp (M) Colorado Springs, CO
- 19-23 USCF National Gymnastics Coaching Cable, WI
- 22-24 U.S. Classic Nationals Atlanta, GA (W-C) (S)
- 22-26 "Las Stars" Int'l Yugo/Belgians Rhythmic Tournament
- 23-24 SSC Age Group Development Training Camp Colorado Springs, CO
- 24- World University Robo Japan Sept 4 Games (M/W)
- 31- Junior Meet & Rotation Japan Sept 3 Competition (M/W)

- 30- 1985 World Children Sept 1 Festival (M)

SEPTEMBER

- 12-13 USCF National Competitions Salt Lake City, UT
- 12-14 Junior/Children USA Championships (W) Salt Lake City, UT
- 23- "USC World Oct 4 Championships Training Camp Colorado Springs, CO
- 26-28 World Championships Team Trials (M/W) (S) Minneapolis, MN
- 26-29 1st Int'l Tournament in City of Gastein (W) Europe Italy

OCTOBER

- 10-12 Rhythmic World Championships Valladolid, Spain
- 11-13 World Championships Training Camp (M) Colorado Springs, CO
- 22-23 World Championships Training Camp (M) "East Street" Long, PA
- 23-24 FIG Congress Montreal, Canada

- 27 "Departure World Championship Team Montreal, Canada

NOVEMBER

- 3-10 World Championships (M/W) Montreal, Canada
- 4-10 Junior Boys Development Camp Colorado Springs, CO

- Maeda, Philippines

- 27- South Africa Cup South Africa Dec 1 (M/W)

- 27-28 Champs Cup (M/W) Japan
- 28 Mr. Roshmore Cup Rapid City, SD
- 30 DFB Pokal Cup/Swiss Dec 9 Cup (M/W) Germany/Switzerland

DECEMBER

- TBA "Cauc-Cells Invitational Tournament (M/W) London, England
- 11-12 International Tournament Barcelona (W) Barcelona, Spain
- 12-13 Brussels International Gymnastic Cup (M/W) Brussels, Belgium
- 28- Jr Boys National Training & Training Camp Colorado Springs, CO

1986

JANUARY

- 3-4 Jr Boys Training Camp with Canada Colorado Springs, CO
- 4 "USA Jr Boys vs Canada Jr Boys Colorado Springs, CO

FEBRUARY

MARCH

- 2-4 First Elite Zone Meet Various Sites (TBA)
- 22 McDonald's American Cup (M/W) Indianapolis, Indiana

(Continued on page 46)



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(From page 43)

7-8 International Mixed TBA
Team (M/W)

10-20 Second Elite Zone Meet (W) Various Sites (TBA)

APRIL

TBA *Champions All (M/W) London, England

TBA *TBA Cup (M/W) Japan

TBA **Junior Training Camp (Jr Boys) TBA

10-12 American Classic Nationals (W) TBA

10-12 NCAA National Championships (W) TBA

10-22 *Class I State Meet (W) Various Sites (TBA)

TBA Rhythmic Championships of the USA TBA

MAY

3-4 *Class I Response (W) Various Sites (TBA)

10-17 Third Elite Zone Meet (W) Various Sites (TBA)

TBA *Booster Cup (B) Japan

24-25 *East/West Nationals (W) TBA

27-31 U.S. Classic Nationals (W) TBA

JUNE

0-8 *Junior Olympic Nationals TBA

10-22 Championships of the USA (M/W) TBA

21-23 Junior Olympic Nationals (Jr Boys) *Atlanta, GA

24-28 Junior Boys Training Camp *Atlanta, GA

JULY

TBA National Sports Festival (M/W) Houston, TX

AUGUST

TBA Games Boys Development Camp (Jr Boys) TBA

20 World Cup (M/W) Beijing, China Sept. 1

July/August 1985

SEPTEMBER

10-11 Pacific Alliance Hoag, Kang
13-14 Championships TBA

TBA USOPF National Camp TBA

OCTOBER

0-7 Four Continents (W) Melbourne, Australia

27-28 World Cup (B) Tokyo, Japan

NOVEMBER

TBA *Swiss Cup (M/W) Zurich, Switzerland

TBA *Church Cup (M/W) Japan

TBA *Four Continents (B) TBA

TBA Junior Boys Development Camp TBA

DECEMBER

TBA *DDB Polar (M/W) NYC

TBA *Coca-Cola Int'l Tournament (M/W) London, England

TBA Pacific Alliance (M/W) TBA

24 Jr Boys National Training & Training TBA

1987

JANUARY

7 *USA Jr Boys vs Australia Jr Boys Colorado Springs, CO

FEBRUARY

MARCH

10-22 *McDonald's American Cup (M/W) Indianapolis, IN

TBA International Mixed Team (M/W) TBA

TBA *Junior World Cup TBA

TBA **Junior Training Camp TBA

APRIL

TBA *Champions All (M/W) London, England

TBA *TBA Cup (M/W) Japan

*TBA *Fast Elite Zone Meet (W) TBA

TBA Rhythmic Championships of the USA TBA

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Olympic Stadium

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Ticket information available by calling (314) 256-2282.

24-25 NCAA National Championships (M) TBA

TBA Rhythmic Championships of the USA TBA

MAY

TBA *Brother Cup (M) Japan

*TBA *Second Elite Zone Meet (W) TBA

JUNE

TBA *Junior Olympic Boys Nationals TBA

*TBA *American Classic Nationals (W) TBA

*TBA Third Elite Zone Meet (W) TBA

JULY

7-11 FIG Gymnastada Hereng, Denmark

TBA National Sports Festival (MWR) Raleigh, Durham, NC

1-16 World University Games (MWR) Zagreb, Yugoslavia

*TBA *U.S. Classic Nationals (W) TBA

AUGUST

7-20 Pan American Games (MWR) Indianapolis, IN

TBA *Junior Boys Development Camp TBA

*TBA *Championships of the USA (MWR) TBA

SEPTEMBER

TBA USGF Congress TBA

*TBA *World Championships Team Trials (MWR) TBA

OCTOBER

TBA Rhythmic World Championships (M) Belgium

TBA FIG Congress

TBA Artistic World Championships (MWR) Rotterdam, Holland

NOVEMBER

TBA *Seven Cup (MWR) Zurich, Switzerland

TBA *DTB Polar (MWR) FRG

TBA *Charley Cup (MWR) Japan

TBA *Junior Boys Development Camp TBA

DECEMBER

TBA *Jr Boys National Testing & Training TBA

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1985 National Champion Sabina Mar

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SCHEDULE

Thursday, September 25
1:00 p.m. — Men's Compulsories
7:00 p.m. — Women's CompulsoriesFriday, September 26
7:30 p.m. — Men's Finals and All-around FinalsSaturday, September 28
7:30 p.m. — Women's Finals and All-around Finals

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1984 Olympian Tim Duggan

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St. Paul, MN 55102

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* — Tentative
TBA — To be announced
* — Proposed event
(M) — Men
(W) — Women

(M) — Men
(W) — Women
(J) — Junior
(S) — Senior



'85 USGF CONGRESS

"SHARING OUR SUCCESS"

An outstanding list of master clinicians and lecturers will share their valuable knowledge and experience with you this year in scenic Salt Lake City. 1985's Congress will be devoted to giving attendees the best possible educational opportunity to learn from the most influential professional educators in our sport.

Don't miss this chance to gain priceless insights into the "How To" of gymnastics.

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Don Peters	Jim Howard
Bela Karolyi	Donna Strauss
Kathy Johnson	Donna Cozzo
Andrea Schmid	Bill Roethzel

Additionally the following leaders of the USGF Sports Science Committees will lecture on "What Research Tells the Coach About Gymnastics:"

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Dr. Marlene Adrian

SPORTS PSYCHOLOGY

SUB-COMMITTEE

Dr. Keith Henschen, Ph.D.

EXERCISE PHYSIOLOGY

SUB-COMMITTEE

Dr. Pat Eisenman, Ph.D.

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'85 CONGRESS FACTS:

Date: Sept. 12th through 18th

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When making hotel reservations ask for "USCF Congress '85 Special Rates"
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Sufficient rooms are reserved for Congress up to August 10th. Reserve early to assure room and special discount rates.

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Western Airlines



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Fee: \$55 for USCF professional members before Aug. 10th
\$60 for USCF professional members late registration
\$75 for non-USCF professional members
\$90 for non-USCF professional members late registration

Savings: Please note all savings opportunities are available before August 10th. We urge you to take advantage of these and register early.

Fee Includes: Free entrance into all lectures, master clinics, demonstrations, open meetings, general assembly, final Banquet and exhibit area. Fee will additionally include tickets to "Junior USA Gymnastics Championships," an opportunity to view and critique USA's future stars.

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1984 Mexico City Olympic Team
Coach Don Peters



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